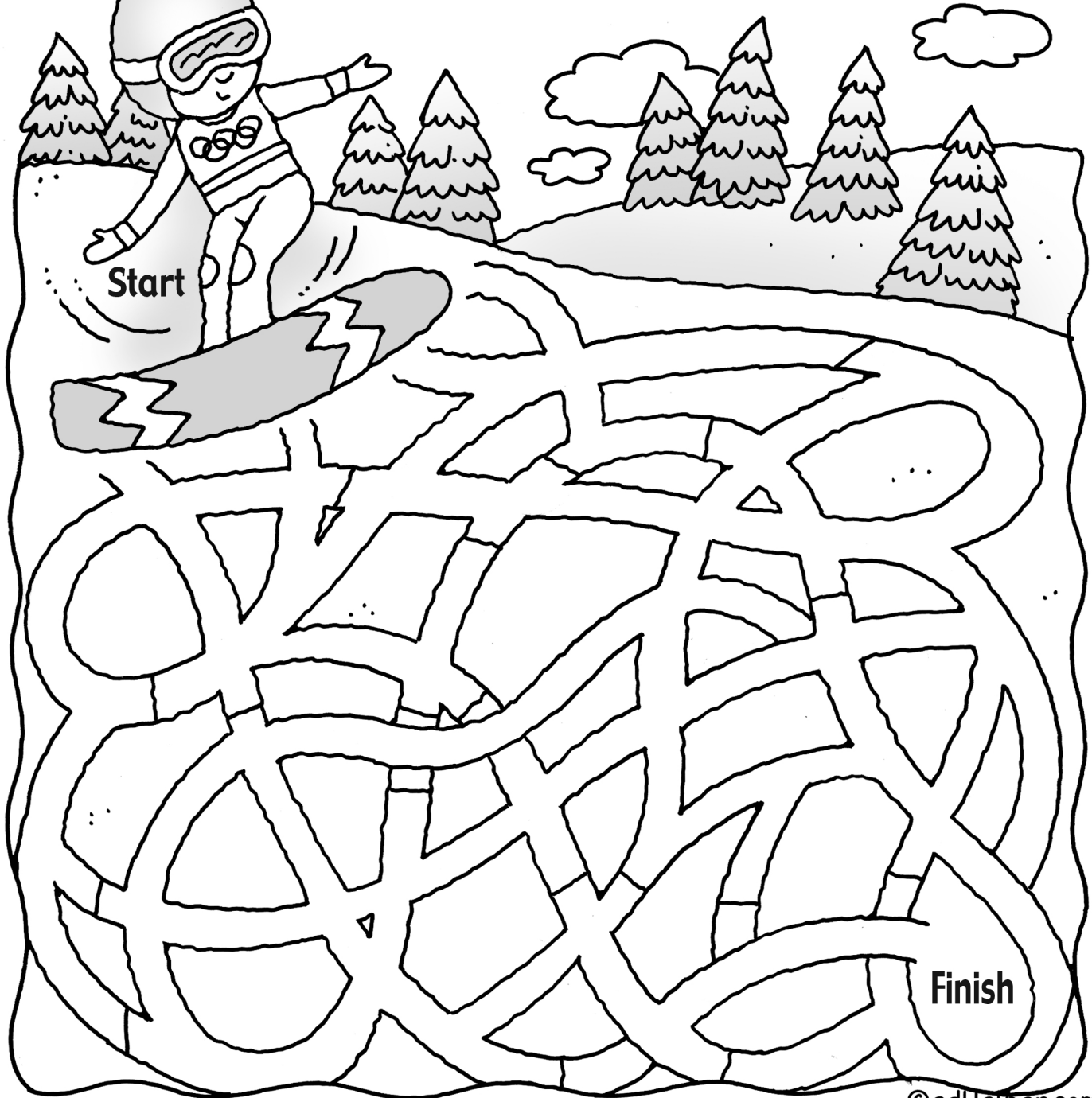


Name: \_\_\_\_\_

# Olympic Snowboarding

Snowboarding is an exciting Olympic sport. Snowboarding was inspired by skateboarding, surfing, and skiing. Help this snowboarder get through the maze below.



©edHelper.com

Name: \_\_\_\_\_

# Cross-Country Skiing

---

Cross-country skiing is different from other types of skiing. Normally, we think about skiing down bunny hills and mountain sides. Cross-country skiing needs a different type of surface, a flatter one. Think about what it would be like to strap on a pair of skis and ski across the snow in your backyard during the middle of winter. What if there were no big hills, just mostly flat, snow-covered land? How would you get from one place to another if the land was flat? Well, you would need to use your muscles to help you. Ski boots, long thin skis, and ski poles will help you, too. The ski poles will help you balance. The poles will also help you pull yourself through the snow. This type of skiing will make a person's heart beat fast. It can be quite a workout! Physically, Olympic cross-country skiers must be in great shape. Cross-country skiing has been an Olympic sport since 1924. There are many different cross-country skiing events. Each one is a little different. There are team relays and individual races. In some races, a large group of skiers all start at the same time. In other races, the skiers go one at a time. In the end, no matter what type of race, the judges reward those Olympians who can cross the finish line in the shortest amount of time.



## Cross-Country Skiing

## Questions

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1. A cross-country ski course is different from other ski courses. It is mostly \_\_\_\_\_.

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- \_\_\_\_\_ 2. Which of the following is NOT needed to cross-country ski?

A. ski boots  
B. long thin skis  
C. a downhill slope  
D. ski poles

- \_\_\_\_\_ 3. Olympic cross-country skiers are in great \_\_\_\_\_ shape.

A. physical  
B. ski  
C. muscle  
D. mental

- \_\_\_\_\_ 4. Judges reward those skiers who cross the finish line last.

A. true  
B. not enough information  
C. false

☐ Would you rather cross-country ski or downhill ski? Tell which one you'd rather do and why.

☐ Your parents have decided to take you and two friends on a ski trip. You have never skied before. How do you feel about the idea of skiing? What will you pack to take with you on your trip? Who will you choose to take and why?

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## Winter Olympics

Name: \_\_\_\_\_



**Write N if the word is a noun.**  
**Write V if the word is a verb.**

1. skater \_\_\_\_

2. clap \_\_\_\_

3. cheering \_\_\_\_

4. judges \_\_\_\_

5. twirl \_\_\_\_

6. jump \_\_\_\_

7. music \_\_\_\_

8. skirt \_\_\_\_



Write the contraction to each pair of words.

he is

you will

did not

we have

I have

where is



Name: \_\_\_\_\_

Mr. Walker bought a bag for his snowboard. It cost \$86. He paid for it with a \$100 bill. How much change did he get?

Julia likes snowboarding. She watched the finals on TV. She watched it for 35 minutes on Monday. She watched for 45 minutes on Tuesday. She watched for 45 minutes on Wednesday. How many hours and minutes did she watch snowboarding in all?

Short track speed skate boots cost about \$180. The blades cost about \$170. About how much will it cost to buy the boots and the blades?

Tyler took 1 hour and 20 minutes to wax his snowboard. He started waxing it at 4:42 p.m. What time did he finish?

$$\underline{\quad} - 10 = 5$$

$$15 - \underline{\quad} = 11$$

sixteen plus six equals

twenty-five minus nine equals



Winter Olympics

Name: \_\_\_\_\_

Robert is taking short track speed skating lessons. Each lesson costs \$24. How much will 6 lessons cost?

In the snowboard halfpipe finals, Andrew scored 42 points. Michael scored 37 points. How many more points did Andrew score than Michael?

Samuel took 1 hour and 20 minutes to wax his snowboard. He started waxing it at 2:32 p.m. What time did he finish?

Coach Martin is teaching us to speed skate. There are 20 children in the class. There are 4 teams of the same size. How many children are on each team?

$$\begin{array}{r} 52 \\ + \quad 1 \\ \hline \end{array}$$

$$\begin{array}{r} 72 \\ - 17 \\ \hline \end{array}$$

$15 + 10 = \underline{\quad}$

$15 + 13 = \underline{\quad}$

four plus seven equals

D, H, L, P, \_\_\_\_\_, X

$$\begin{array}{r} 18 \\ + 71 \\ \hline \end{array}$$

Name: \_\_\_\_\_

In the snowboard halfpipe finals, William scored 42 points. Andrew scored 38 points. How many more points did William score than Andrew?

John went bobsledding with his cousins. They walked 192 yards to the hill. Each time they went down the hill, they had to walk 33 yards back to the top. They went down the hill 6 times. Then they walked 192 yards back home. How far did they walk in all?

Anna has a bobsled. Only 2 people can ride in it at a time. How many times will the bobsled have to go down the hill for 10 people to have a ride?

Jason won the 500 m race. Connor won the 1000 m race. How much farther did Connor skate than Jason?

$$9 - 4 = \underline{\quad}$$

$$4 + \underline{\quad} = 9$$

$$\begin{array}{r} 47 \\ - 12 \\ \hline \end{array}$$

$$\begin{array}{r} 1 \\ + 7 \\ \hline \end{array}$$

word root **bi** can mean **two****biannual, bicentennial, bilateral**

Name: \_\_\_\_\_

## Grab, Run, Slide, the Skeleton Is Quite a Ride!

---

Have you ever seen a skeleton? Have you ever *ridden* one? Believe it or not, many people ride skeletons - but not the kind made of bones! A skeleton is a small sled that athletes ride. The skeleton is one Winter Olympic sport. Like the sled, this sport is called the skeleton. How did this sport get this name? Don't worry; it's not because early riders were only left with their bones after trying it out. The sport was first named the skeleton because the sled used looks a lot like one!

The skeleton is one of three sled races in the Olympics. This sled race has four steps. First, a slider grabs the handles of the sled. Next, he or she runs as fast as possible while pushing the sled. Then the slider dives onto the sled head first. Finally, it's time to slide. Sliders ride the sled on their stomachs. While sledding, they must try to steer their sled down the frozen track. They do this by gently shifting their bodies from side to side.

This speedy sled ride can be very dangerous. Male and female athletes hurtle down the track at breakneck speeds. To keep them safe while sliding, athletes wear special gear. Sliders wear racing helmets. They also wear special chin straps. These are really important! During a race, most sliders' chins are only a couple of inches off the icy ground! Athletes also wear goggles or a face shield and spiked shoes. Some sliders even wear special padding.

If you are daring, brave, and ready to race, then the skeleton might be the sport for you. If you'd rather watch others try their hand at this slippery sled ride, then check out a video, or, if your timing is right, tune in to the Winter Olympics. You are sure to see a few skeletons... but hopefully just the sled kind!



Grab, Run, Slide, the Skeleton Is Quite a Ride!

## Questions

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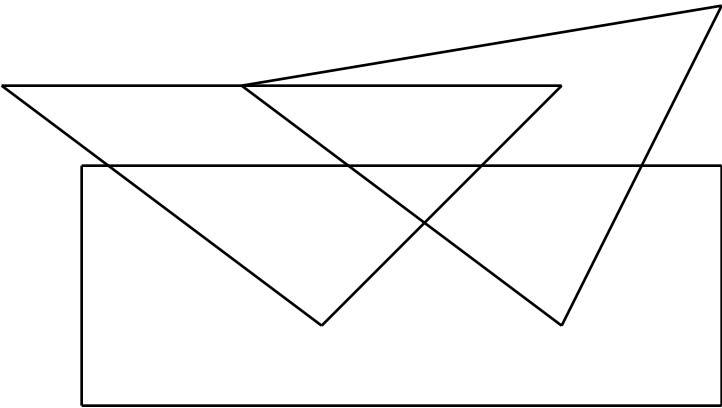
1. Why are chin straps important to sliders?

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---

Name: \_\_\_\_\_

- \_\_\_\_\_ 2. Choose the best title.
- A. Are You Ready to Go Sledding?
  - B. The Skeleton Scared Me!
  - C. Wow, It's Time for the Winter Olympics!
  - D. Skeleton: the Sport and the Sled
- \_\_\_\_\_ 3. The author probably wrote this article to \_\_\_\_\_.
- A. inform you about chin straps
  - B. persuade you to watch the skeleton
  - C. demonstrate how to sled
  - D. describe the skeleton sport
- \_\_\_\_\_ 4. Which of the following is true about the skeleton?
- A. Ten players sled at a time.
  - B. Sliders ride the sled on their stomachs.
  - C. It is played on grass.
  - D. Sliders wear ice skates.

<p>How many triangles can you find? Color the smallest triangle you can find red. Color the largest triangle you can find yellow. (Hint: Look for small and big triangles.)</p>  <p>_____ triangles</p>	$\begin{array}{r} 95 \\ - 70 \\ \hline \end{array}$	<p><input type="radio"/> coud</p> <p><input type="radio"/> culd</p> <p><input type="radio"/> could</p> <p><input type="radio"/> cuold</p>
<p>Get your ruler. Draw a line using your ruler that is 2 inches long.</p>	<p>Kevin blew four bubbles. Peter blew nine bubbles. How many bubbles did they blow in all?</p>	<p>ten more than 427</p>

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## Winter Olympics

Name: \_\_\_\_\_

## Running with Fire

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Could you run a long way carrying fire? That is what the Olympic Torch relay runners do. A few months before the Olympic Games begin, the Torch is lit. It is lit using the sun and a mirror. The Torch is made of wood and metal. Runners carry the lit Torch all over the world. They start in Greece. That is where the first Olympics were held.

There are 10,000 Torch relay runners. The last person is a very special athlete. That person is given the great honor of lighting the Olympic Flame. He or she carries the Torch to the cauldron. It is often at the top of a grand staircase. The last runner uses the Torch to light the Olympic Flame in the cauldron. Then the Olympic Games will begin! The Flame burns throughout the Olympics. It is extinguished, or put out, on the last day at the closing ceremony. The Olympic Torch has become a symbol of peace.



Running with Fire

## Questions

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1. When is the Olympic Torch lit?

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\_\_\_\_\_ 2. What two things are used to make the fire for the Torch?

- A. wood and gasoline
- B. the sun and a mirror
- C. a match and air
- D. a match and paper

\_\_\_\_\_ 3. Where does the Olympic Torch relay begin?

- A. in the host country
- B. in the United States
- C. in Canada
- D. in Greece

\_\_\_\_\_ 4. How many runners carry the Olympic Torch?

- A. 10
- B. 1,000
- C. 1
- D. 10,000

Name: \_\_\_\_\_

5. Who is the last person to carry the Torch?

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6. What will the last person get to do?


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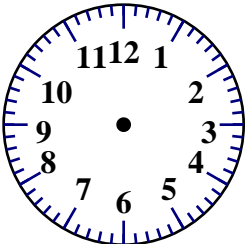


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7. When the Olympic Flame is lit, the Olympics will begin.

- A. false  
B. true

$46 - 5 = \underline{\hspace{2cm}}$	<p>It is your turn. Write X to make your move.</p> <table style="margin: auto; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 30px; height: 30px;"></td> <td style="border: 1px solid black; width: 30px; height: 30px; text-align: center;">X</td> <td style="border: 1px solid black; width: 30px; height: 30px; text-align: center;">X</td> </tr> <tr> <td style="border: 1px solid black; width: 30px; height: 30px;"></td> <td style="border: 1px solid black; width: 30px; height: 30px; text-align: center;">O</td> <td style="border: 1px solid black; width: 30px; height: 30px; text-align: center;">O</td> </tr> <tr> <td style="border: 1px solid black; width: 30px; height: 30px; text-align: center;">O</td> <td style="border: 1px solid black; width: 30px; height: 30px;"></td> <td style="border: 1px solid black; width: 30px; height: 30px;"></td> </tr> </table>		X	X		O	O	O			$\begin{array}{r} 79 \\ - 13 \\ \hline \end{array}$
	X	X									
	O	O									
O											
											

$\begin{array}{r} 14 \\ + 10 \\ \hline \end{array}$	$\begin{array}{r} 13 \\ + 36 \\ \hline \end{array}$	$\begin{array}{r} 22 \\ + 30 \\ \hline \end{array}$	$\begin{array}{r} 10 \\ + 67 \\ \hline \end{array}$	$\begin{array}{r} 51 \\ - 30 \\ \hline \end{array}$	
					$\underline{10} : \underline{00}$

<p>Write <b>sw</b> or <b>fr</b> to complete each word.</p> <p>_____iend      _____im</p> <p>_____isky      _____ee</p>	<p>"Hey, diddle, diddle, the cat and the fiddle....." The fiddle is 23 inches tall. The cat is 5 inches shorter than the fiddle. How tall is the cat?</p>	$\begin{array}{r} 81 \\ - 50 \\ \hline \end{array}$
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## Winter Olympics

Name: \_\_\_\_\_

## A Blur on the Ice: Bonnie Blair

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Ice skating is popular. It is easy for some people. Some people skate on frozen ponds. Some skate at indoor rinks. Some people skate for fun. Some skate as a sport. One girl loved to skate. She was fast. Experts say she had natural talent.

Bonnie Blair was born on March 18, 1964. She was born in New York. Her whole family loved to speed skate. Her brothers and sisters were in a race on the day she was born. Her dad dropped her mom off at the hospital. He went to the race. At the rink, Bonnie's birth was announced. The announcer said, "Another speed skater has been born."

Her family moved to Illinois after she was born. Bonnie is the youngest in her family. There are six children. Bonnie was skating when she was two years old. There were not skates that would fit her. She had to wear skates over her street shoes. Bonnie started competing when she was four years old.

When Bonnie was 16 years old, she skated in her first big race. She wanted to make the Olympic team. She did not make the 1980 Olympic team. Bonnie then trained with an Olympic coach. It cost a lot of money to work with him. Her family could not afford it. Everyone in her hometown believed that she could be a star. The police collected money for her. They did that for ten years. Bonnie was able to keep working with the Olympic coach.

Bonnie did skate in the 1984 Olympics. She did not get a medal. She finished eighth. Experts say that was good for her first Olympic race. Bonnie worked even harder. She skated in the Olympics in 1988. She won a gold medal. She placed third in another race. For it, Bonnie received a bronze medal.

Bonnie entered the 1992 Olympics. The track had started to melt. She knew her time would be slow. She won both of her events anyway. Now, Bonnie had three gold medals and one bronze. Bonnie worked even harder. She entered the 1994 Olympics. She won two more medals. She became the first American woman to win five gold medals.

Bonnie Blair became known as "Bonnie the Blur." She said that she always tried to do her best. She said that she kept working hard because she loved what she was doing.

Today, Bonnie Blair is married. She married Dave Cruikshank. He was a U.S. speedskater. They have two children. Bonnie also coaches children. She keeps in shape. She runs and bikes. She lifts weights and roller skates. Bonnie also likes to read and play golf for fun.

Bonnie Blair has won awards. She was named the Female Athlete of the Year in 1994. She is also in the



Name: \_\_\_\_\_

Olympic Hall of Fame.

A Blur on the Ice: Bonnie Blair

## Questions

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- \_\_\_\_\_ 1. Bonnie Blair was born on March 18, 1964.
- A. true
  - B. false
2. Why did the rink announcer say, "another speed skater has been born," on the day of Bonnie Blair's birth?
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_ 3. Bonnie had to wear her skates over her \_\_\_\_\_ when she was two years old.
- A. slippers
  - B. socks
  - C. street shoes
  - D. boots
4. How did Bonnie get the money that it took to train with the Olympic coach?
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_ 5. Did Bonnie win a medal in the 1984 Olympic games?
- A. yes
  - B. no
6. At which Olympic games did Bonnie win her first medal?
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_ 7. Why was Bonnie's time a little slower at the 1992 Olympic games?
- A. She fell.
  - B. The track had started to melt.
  - C. She was nervous.
  - D. She was tired.
- \_\_\_\_\_ 8. How many gold medals did Bonnie Blair win in three Olympic games?
- A. five
  - B. seven
  - C. eight
  - D. six

Name: \_\_\_\_\_

9. How does Bonnie Blair keep in shape today?

---

---

\_\_\_\_\_ 10. Bonnie Blair is in the Olympic Hall of Fame.

- A. true
- B. false

How many dots on the bug?



39, 52, \_\_\_\_\_, 78, 91,  
104, 117, 130, 143, 156

$$7 + 1 = \underline{\quad}$$

$$17 + 1 = \underline{\quad}$$

14, \_\_\_\_\_, 18, 20, 22,  
24, 26

Emily loves reading. She read 2 books this month. She plans to read 8 more. How many books will she read this month?

Rosa started school with 11 pencils in her desk. She counted her pencils. She only has 6. How many pencils has she used?

Wendy took her empty backpack and filled it with tennis balls. Estimate how many tennis balls you think she was able to fit into her backpack.

Emma has five tickets to the middle school play. She gave Anna a ticket. She gave three tickets to April. How many tickets does Emma have left?

$$22 = \underline{\quad} \text{ tens} + \underline{\quad} \text{ ones}$$

$$74 = \underline{\quad} \text{ tens} + \underline{\quad} \text{ ones}$$

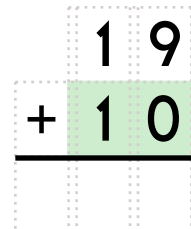
$$65 = \underline{\quad} \text{ tens} + \underline{\quad} \text{ ones}$$

$$10 = \underline{\quad} \text{ ten} + \underline{\quad} \text{ ones}$$

How many?

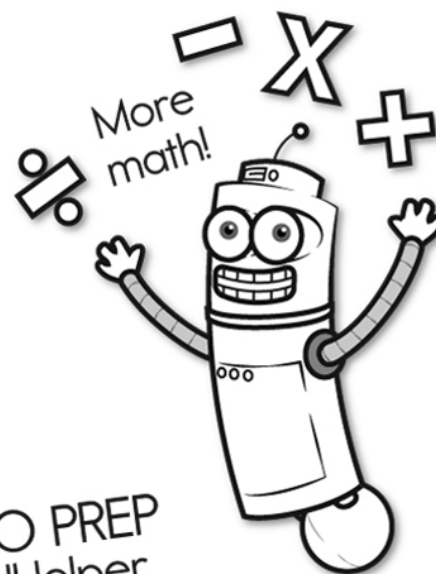
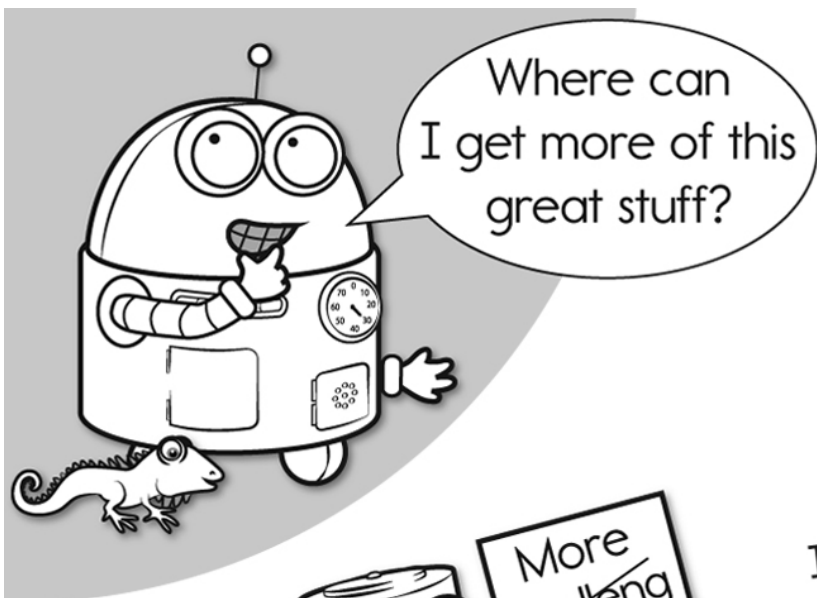


How much is this?



☐ Bonnie Blair said that she worked hard at skating because she loved it. What is something that you love to do? How did you get started?

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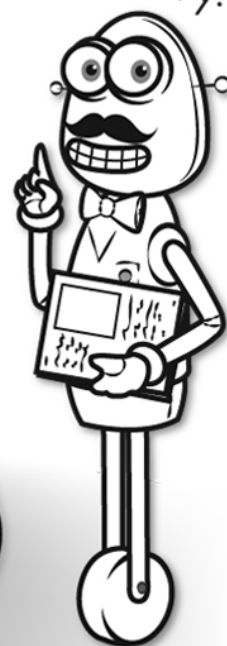


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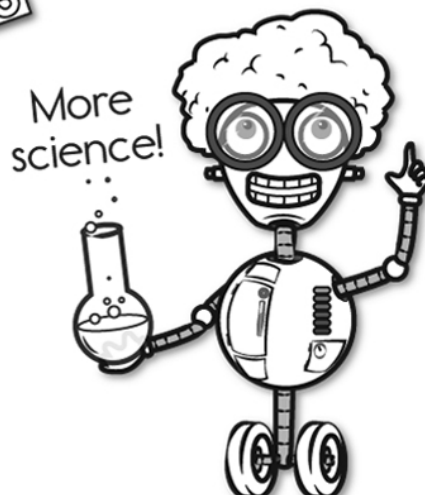
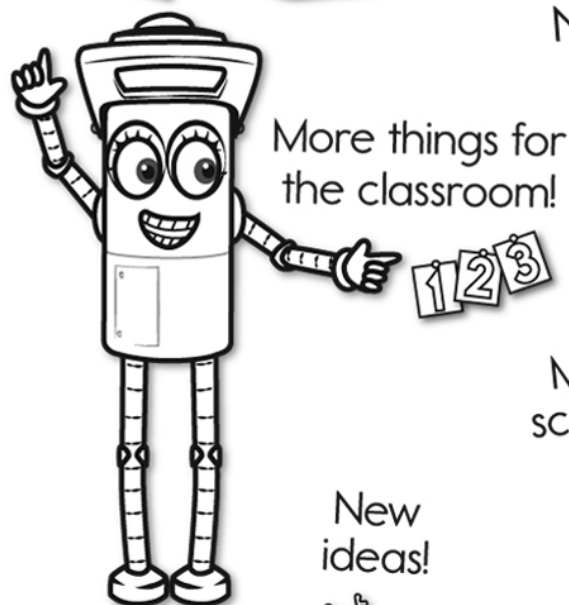
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$\times$   $=$   $-$   $\div$   $<$   $-$   $>$

More puzzles!

