



Name: \_\_\_\_\_

# Can you guess the word?

No duplicate letters can be used.

L	A	S	E	R
---	---	---	---	---

The letter L is in the word  
and is in the correct spot.

P	L	A	N	E
---	---	---	---	---

The letter L is in the word,  
but L is not in that spot.

A B C D E F G H I J K L

A list of letters will be given that  
have not been used. Good luck!

Hint: There are no duplicate letters in the answer.

R	E	L	A	Y
---	---	---	---	---

P	L	A	T	E
---	---	---	---	---

B C D F G H I J K M N O Q S U V  
W X Z

--	--	--	--	--

Let's check if you guessed correctly. Look across or  
down to find the correct answer.

L S W E P H R E T A A E L L E A P L L  
L A N L A P E L A P L A T E N Y E X T  
O R T Y E A L F G E R P L A P E P Q C  
E T P W I E A G N A A E A E A A Y F R  
E T P A P K Y P A A E E W Y P L P K D  
E L T E E R R P A M N P M P L E A Q A  
P L E E E E Q P E E E D T E E M N A L  
C T H L E A R L V E P P T A Y P A P L  
A T A E L F X P L A N E T L R A E P N  
Y L L Y A L T Y Y J Y N Y C A P P L F

Hint: There are no duplicate letters in the answer.

F	A	N	C	Y
---	---	---	---	---

U	R	B	A	N
---	---	---	---	---

G	R	A	N	D
---	---	---	---	---

E H I J K L M O P Q S T V W X Z

--	--	--	--	--

Let's check if you guessed correctly. Look diagonally  
to find the correct answer. (DIAGONAL!)

Y F U R D R C R B O A F I Z R Y F N N  
R B A R U A Y N O A N R A W R Y M F W  
A R O O B G N L A N H N R B P B Y D A  
R A E W B A D F A A C D R T D S V R N  
I N Y D R R N R A R Y C A C N C A C Y  
P Y Y B R G Y F A N F Y A M F A R A N  
F N I A G A R N F N C D A C C U F D N  
N D D P R F E N C T K Y R C R A W D V

Hint: There are no duplicate letters in the answer.

T	A	P	E	R
---	---	---	---	---

B	R	I	C	K
---	---	---	---	---

W	R	I	N	G
---	---	---	---	---

D F H J L M O Q S U V X Y Z

--	--	--	--	--

Let's check if you guessed correctly. Look diagonally  
to find the correct answer. (DIAGONAL!)

Q G I R A I R I W R F I R X T A A I I  
I G T O G G A I D R B R G Z G X R W T  
R I R I G R R N A T I R I O W R I G A  
I W T I R R L T R G I N O O E O I V Q  
G I N A N N T V S K R R G R G W L N G  
G P B I P D E N G I N I I N G E B R T  
W I I G A E K R I R T I G E R M R Z R  
E T G R I O R I G C G O O M M A I G R



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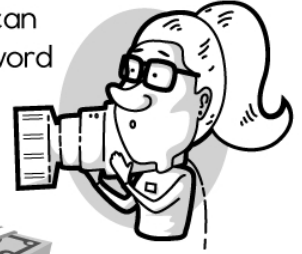




Name: \_\_\_\_\_



Sometimes you get good news. Sometimes you get bad news. You can write a good news, bad news story, too. Good news starts with the word fortunately. Bad news starts with the word unfortunately. Look at the example. Then write some sentences on your own.



Fortunately, I had the winning lottery ticket.



Unfortunately, I lost the ticket before I got the prize money.

Fortunately, \_\_\_\_\_.

Unfortunately, \_\_\_\_\_.

Now draw a picture of what  
you wrote about here:



Fortunately, \_\_\_\_\_.

Unfortunately, \_\_\_\_\_.

Now draw a picture of what  
you wrote about here:



Name: \_\_\_\_\_

X			6	4
	__ x __	__ x __	__ x 6	__ x 4
			54	36
	__ x __	__ x __	__ x 6	__ x 4
2	18		12	
	2 x __	2 x __	2 x 6	2 x 4
8		8	48	
	8 x __	8 x __	8 x 6	8 x 4

$$\begin{array}{r} 38 \\ + 94 \\ \hline \end{array}$$

$$\begin{array}{r} 74 \\ - 73 \\ \hline \end{array}$$

$$\begin{array}{r} 66 \\ - 60 \\ \hline \end{array}$$

$$\begin{array}{r} 11 \\ + 54 \\ \hline \end{array}$$

$$\begin{array}{r} 80 \\ + 30 \\ \hline \end{array}$$

$$\begin{array}{r} 95 \\ - 77 \\ \hline \end{array}$$

Fill in the boxes so each line equals 7.

7		
91	÷	
	x	7
19	-	
(		-
	)	+ 1

Can you think of a five-letter word that has the vowel U in it?

\_\_\_\_\_

$$\begin{array}{r} 36 \\ + 84 \\ \hline \end{array}$$

$$4 + \square = 16$$

$$4 + \square = 11$$

$$4 + \square = 8$$

$$\begin{array}{r} 83 \\ + 40 \\ \hline \end{array}$$

Name: \_\_\_\_\_

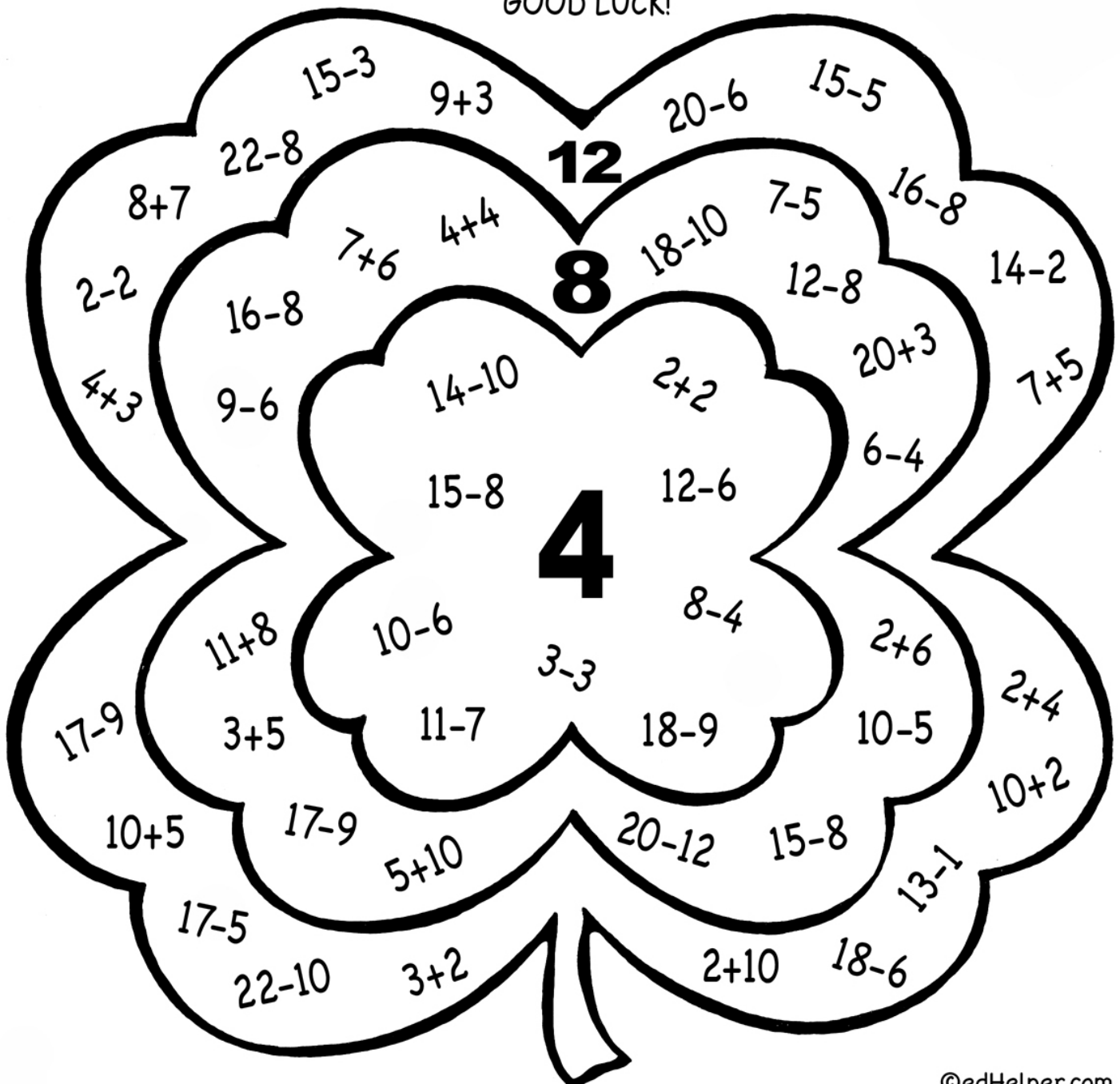
# Four-Leaf Clover

Four-leaf clovers are supposed to give a person good luck. Solve all of the math problems below. Cross out the problems in the front clover whose answers are not 4.

Cross out the problems in the middle clover whose answers are not 8.

Cross out the problems in the back clover whose answers are not 12.

GOOD LUCK!





Name: \_\_\_\_\_

Write your spelling words in cursive.

know

receiving

inch

eighth

robin

knee

known

agreeing

Name: \_\_\_\_\_

# Grains Food Group

By Meg Leonard

Foods in the grain food group help your body in many ways. Examples of foods in this group include bread, pasta, oatmeal, breakfast cereals, tortillas, and grits. What counts as a serving and how many servings should you eat each day? Girls who are between nine and thirteen should eat five ounces of foods from the grain food group each day. Boys of the same age group should eat six ounces. Of course, this depends on how active you are each day. You may need to eat more servings from all the food groups if you are very active, and you might need to eat less of them if you are not very active. Some examples of one ounce of a grain group food include one slice of bread, one cup of cold cereal, or one-half cup of cooked rice, pasta, or cereal. At least half of your servings of grains should come from whole grain foods. To know if a food is whole grain, check the ingredients. The first ingredient listed should say "whole grain."



How do grains help your body? Whole grain foods may reduce heart disease. Foods containing fiber, which is found in whole grain foods, help your digestive system and can reduce constipation. Eating whole grain foods can help you feel full for a longer time with fewer calories than some other types of foods.

Grains have important vitamins, such as thiamin, riboflavin, niacin, and folate. These vitamins help your body convert the protein, fat, and carbohydrates that you eat into energy your body can use. They also help keep your nervous system healthy. Important minerals found in grains include iron, magnesium, and selenium. Iron is used to carry oxygen in your blood. Many teenage girls do not eat enough iron-rich foods. Magnesium found in grains helps build bones and aids in energy production. Selenium found in grains helps protect cells from oxidation and is important for a healthy immune system. Eating a variety of whole grain foods will help you grow healthy and strong.

## Grains Food Group

## Questions

- \_\_\_\_\_ 1. What is this article mainly about?
  - A. why kids can eat a different number of servings of grains than adults
  - B. why whole grains taste good
  - C. how your body uses grains
  - D. which grain food is the most popular
- \_\_\_\_\_ 2. How does selenium found in grains help the body?
- \_\_\_\_\_ 3.
  - A. It protects cells from oxidation and is important for a healthy immune system.
  - B. It is used to carry oxygen in your blood.
  - C. It helps build bones and aids in energy production.
  - D. none of the above



Name: \_\_\_\_\_

- \_\_\_\_\_ 4. Grains have:
- A. important vitamins
  - B. important minerals
  - C. fiber
  - D. all of the above
- \_\_\_\_\_ 5. Which of the following does NOT count as one ounce of a grain group food?
- A. one-half cup of cooked cereal
  - B. two slices of bread
  - C. one-half cup of cooked rice
  - D. one cup of cereal
6. A ten year old girl has eaten 3 ounces of grains today, but none have been whole grains. She is choosing the type of bread that she will have for a sandwich for supper. What type of bread should she choose and why?

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Make your own  
equation.

\_\_\_ - 6 = \_\_\_

Find a clock. What time is it  
right now?

Write an even number.

H, F, I, \_\_\_\_\_, J, H, K,  
I, L, J

Circle the number that is  
largest.

1,010    1,100

1,001

5 more than 475

60, 75, 90, 105, 120,  
135, 150, \_\_\_\_\_, 180

If you know  
 $87 + 22 = 109$   
Then what is  $87 + 20$ ?

double 400

$6 + 7 = \boxed{\phantom{00}}$

$1 + 2 = \boxed{\phantom{00}}$

$6 - 2 = \boxed{\phantom{00}}$

$12 - 8 = \boxed{\phantom{00}}$

Name: \_\_\_\_\_

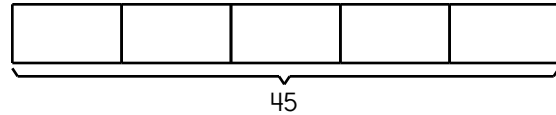
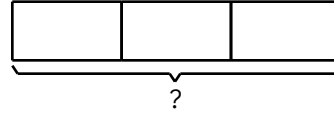
Emma's classroom library has a small bookcase with 4 shelves. Each shelf can hold about 18 books. How many books can the classroom library hold? Draw a bar model and figure out the answer.



Don't forget your bar model drawing even if you can answer this!

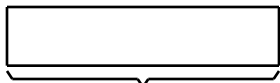
Check out the two bar models. The longer bar graph has a value of 45 and is divided into 5 parts. The shorter bar graph is divided into 3 parts, but we do not know its value. Each of the parts (all 8 of them) have the same value.

What is the value of the shorter bar model?



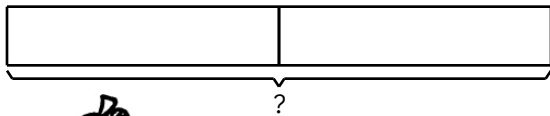
For the cupcake roundup, Alex baked 26 cupcakes. Jenna baked twice as many cupcakes as Alex. How many cupcakes did Jenna bake?

Alex



26 cupcakes

Jenna



Check out the two bar models. The longer bar graph has a value of 64 and is divided into 4 parts. The shorter bar graph is divided into 2 parts, but we do not know its value. Each of the parts (all 6 of them) have the same value.

What is the value of the shorter bar model?

